

DISAP Draws Attention to Brain Injuries for Concussion Awareness Day



Spotlight



Concussion Awareness Day is Sept. 16, 2022. In recognition of this observance, DHEC's **Division of Injury and Substance Abuse Prevention (DISAP)** is drawing attention to brain injuries.

A concussion is a type of traumatic brain injury (TBI) caused by a bump, blow, or jolt to the head or by a hit to the body that causes the head and brain to move rapidly back and forth. According to the [Center for Disease Control](#), symptoms may include headache, confusion, lack of coordination, memory loss, nausea, vomiting, dizziness, ringing in the ears, sleepiness, and excessive fatigue.

Why Raise Awareness for Concussions?

In 2020, 6.8% of children aged 17 years and under across the United States had symptoms of a concussion or brain injury. Yet not all children will go to a healthcare provider. Only 3.9% of children aged 17 years and under were officially diagnosed as having a concussion by a healthcare provider, according to [National Center for Health Statistics](#).

The [Brain Injury Association for South Carolina](#) is available to offer support and online resources for all individuals that may need services after a concussion, especially for school-aged children. DHEC partners with this association.

Why Get Schooled on Concussions?

Concussions don't just happen to student-athletes. They happen to everyday students.

In South Carolina during 2020, there were 2,173 children aged 19 years and under that were diagnosed with a TBI at the emergency department.

Schools have always been places that support learning and healthy behaviors. The [Return to Learn Manual](#) and [TACT Tool](#) are resources that are school-based

and school-directed to provide students with a tailored learning plan.

In honor of Concussion Awareness Day and to learn more, check out these resources:

- [CDC – Traumatic Brain Injury and Concussion](#)
- [Data from the National Health Interview Survey](#)
- [Brain Injury Association of South Carolina \(biaofsc.com\)](#)
- [Return to Learn](#)
- [The TACT Tool](#)

