


# Frank Staton, Brain Injury Survivor, Advocate and SC BILC Member




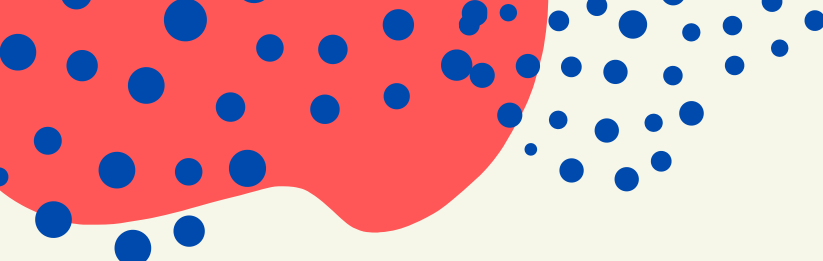


Frank Staton sustained his first brain injury, a concussion, when he was hit by a motorcycle at age 18 while waiting for the school bus at his high school in Evansville, Indiana. Several months later, he began to experience grand mal seizures.

Frank says that high school classes were very easy for him, but he struggled more in college. Still, he graduated from the University of Southern Indiana with a degree in Accounting.

Frank put his excellent mechanical skills to work as a service technician for Whirlpool, Nestle, and other companies before going to work for Kroger Grocery Stores as a service technician. During this time, Frank fell off of a fixed ladder. This resulted in multiple injuries, including a broken pelvis, a torn right ACL, and a broken wrist. This led to an addiction to opiates.





Then, in 2013, Frank went to work at the University of Kentucky as a service technician. One night, he was drinking and driving. He had a seizure while driving and sustained a brain injury and C-2 Hangman's Fracture.

Frank moved to South Carolina in 2014 to live close to his family. He lives in his own apartment and still drives. He is very thankful for the staff at SCVRD and Thrive Upstate HASCI, and most importantly his family and for all they have done to help him maintain his independence.

Frank says he is blessed to be alive. His goal is to give back and to help others through volunteering. He is a member of the Upstate (Greenville), Lyman, and Chapin brain injury support groups. He is also a member of the SC Brain Injury Leadership Council. Frank has volunteered at Harvest Hope Food Bank and Feed and Seed Food Share.

Frank wants others to know that there can be a good life after brain injury - you just have to be patient, be open to learning, and let others help you.

