

Brain Injury Survivor Zakk Bryant








Written by Zakk & his mom

On March 22nd of this year, Zakk had a car accident on a wet road, by losing control of his vehicle. He was intubated at the scene and had collapsed lungs. He had a mild to moderate Diffuse Axonal Injury, shearing to the brain stem. He had several bone breaks and had to have emergency surgery to his abdomen in which a small part of one kidney was removed due to trauma.

His steering wheel airbag didn't deploy. He was in trauma ICU for 2 weeks and had bleeding on the brain in several areas. He had to receive a lot of blood the first 24 hours.

Until about almost a week later, he was pretty out of it due to all he went through and keeping him relaxed to keep blood pressure down. He got a trach and a feeding tube.





Zakk is just 20 years old and though a major health conscious young man, had severe issues with his breathing and lungs over the next couple months.

He left trauma ICU and went to an Itach for respiratory care and therapies, then as soon as he started getting out of bed, they wanted him at Roger C Peace in-patient asap to get him moving and recovering as quickly as possible.

He was in the hospital from March 22nd until June 1st. He came home with trach and feeding tube. The trach did not come out until the end of July and Feeding tube August.

He is now slowly trying out work just now and back at the gym.

The brain injury caused a lot of vision issues, hearing loss, swallowing difficulties and balance issues. He has finished physical therapy but is now continuing therapy three days a week at outpatient Roger C Peace with speech and occupational therapy, psych once a week and vision therapy monthly. He has come a long way!

